



mark stoltzky
NIGHTFOOD

Mark Sheeky
Nightfood



Pentangel Books

Mark Sheeky Nightfood

Lyrics by Mark Sheeky

Music composed, produced, and performed
by Mark Sheeky

Track durations refer to CD version

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Nightfood

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NIGHTFOOD

Nightfood

The Dream of Wasps

Darling, I've had the dream again.
I've had the dream of wasps fizzing at my neck.
I've had the dream of nuclear explosions
throwing flaming barrels at me.

Darling, do you still have them too
like the old days, when I knew
that you were listening?

I keep feeling doomed, howabout you?
I think it started on that day,
you know the one I mean.

Perhaps you have forgotten.
Perhaps you'll answer me in dreams.

Makes me feel better when I tell you about it.
Makes me feel better when I tell you about it.
Makes me feel better when I tell you about it.
Makes me feel better when I tell you about it.

Dreams of You

As the snow falls soft
in the rainbow lights
you will laugh
with friends.

I will stand outside
with the dying plants
and watch,
pretend,

and I'll see
and I'll be
with you in
my dreams
my dreams
of you.

Yes I know I'm dead
in your happy heart
that door
to me is closed

so I'm left alone
to love the parts
of broken rose

Nightfood

Broken rose!

You can't shut me out,
it's not over,
the stories of my sadness
will not be true

for I'll see
and I'll be
with you in
my dreams
my dreams
of you.

My dreams
of you.

Take This Rose

Take this rose
to your bed.
Let it lie
asleep instead
of your troubled mind.
Your troubled mind.

May its scent
manifest memories
of a lost love,
of a stone's grit,
in a forgotten place.

Take this flower
of my soul,
from this fog,
from these shadows,
from this vault of silent sigh
of winter's cry.

Take this rose
to your bed
to die.

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They only come at night
when your mind isn't looking.
They come at night
to bite at your guts.

And they will eat their fill
of your meaty soul,
with their smoky horns of silver
and their choking eyes of coal.

They will drag you backwards to
the pit.
They will drag you backwards to
the pit.

There is nothing that you can pray
as you paralyse in fright,
but you will forget in the day
forget in the light.

But they will return at night.
They only come at night.

Plastic Superman

Look at my body, take a feel.
Feels like I'm made of steel.
See me a-pumpin' looking good.
Molecules in my blood.

I'm a plastic superman.
I'm a plastic superman
with a plastic orange tan.

Watch me!
Oh yeah!
Looking good!
Faster now.

Build up your body A.B.C.
Be like a plastic me.
Stump up pump up lookin' fine.
Plastic on your mind.

Like a plastic superman.
Like a plastic superman
with a plastic orange tan.

Watch me!
Yeah baby!

Nightfood

Plastic plastic in my blood.
Plastic plastic in my blood.
Plastic plastic in my blood.

I'm a plastic superman.
I'm a plastic superman
with a plastic orange tan.

Nightfood

Young, Attractive, and Physically Fit

Hello.

Nice party isn't it?

I've seen you around.

There's something I've been meaning to say...

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I'm young, attractive, and I'm physically fit.

I've seen you here before.

I've seen you look at me, you know?

Want to dance?

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

You're young, attractive, and you're physically fit.

Nightfood

You're young, attractive, and you're physically fit.

Want to get on down?

So, what do you say?

Yes!

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

We're young, attractive, and we're physically fit.

